

Rule Your Day



HOW YOU SPEND YOUR DAYS IS HOW YOU END UP SPENDING YOUR LIFE...

Time is one of the most valuable things you have. There is no getting or buying it back. Once it's gone, it's gone. This is why it is so important to spend your time wisely and use it strategically to produce the maximum results in the shortest amount of time.

This is something that the most successful people on this earth understand. They know if they don't spend their most valuable possession, their time in the right way, they will not reap the results they desire.

It's like if I was a body builder and I went to the gym everyday. If I spend my time wondering around looking at the equipment, or talking to people, I'm not really working out. Even though I am dressed to work out, I am there to work out, if I don't actually focus on why I am there and the results I want, I am wasting my time!

The same holds true in our workplace. We can show up to work, but it doesn't mean we are being productive with our time or getting the results we want. It just means we are busy with time wasting activities.

Taking Ownership

When we don't take ownership of our time and manage it wisely, our day ends up ruling us! Other people end up ruling what we do. Who wants that!?! So how do we take ownership and begin to Rule The Day? It starts with a mindset...

The Mindset

When you look at successful people and then you look at the masses, you will notice there are some big differences in their way of thinking. The masses have the mentality that the economy is hard, like sucks, the government should take care of us and so on. But the successful don't have that same mindset, they don't look at the problems, they come up with solutions, they don't wait for others to fix the problem, they make things happen. And they don't get consumed with the latest video games and things that are not profitable. They are focused on spending their time in the most profitable ways.

Ruling Your Day

Once you make up your mind that you will not do or think like the masses, it's time to know what you want out of life. You have got to know what you want your life to look like. Which is the whole point of this PDF!

Below you will find a list of questions, that you will want to take the time to answer. I know when I first started asking myself these questions, it really opened my eyes to some areas that needed to change in order for me to get the results I wanted.

So be honest with yourself! :)

High Altitude Questions:

In A Perfect World, What Would Your Life Be Like?

What Would You Be Doing If You Knew You Could Not Fail?

What Is Your Main Business Goal You Have For This Year?

Why?

What Is Your Main Family or Personal Goal For This Year?

Why?

If You Got Real Honest, Is What You Are Currently Doing Going To Get You To The Goals Or Life You Have Described Above?

What Changes Could You Start Making To Change Your Outcome?

Business Specific Questions

List The Tasks You Do Each Day In Your Business?

Are You Bringing In The Results & Income You Desire?

What Is Your #1 Profit Making, Client Getting, Revenue Gaining Task?

What Items That You Listed Above Could Be Either Not Done or Outsourced To Someone Else To Give You More Of The Free Time To Focus On The Profit Making Tasks?

By Giving Up Some Of Those Tasks, Could You Decrease The Number Of Hours You Work In A Day Or Week?

What Are The Projects Or Tasks That You Find Yourself In Your Creative “Zone”?

Remember, be honest and I will see you in the next session!